



OPEN FUN FOOTBALL



Photo: Per Fløng, Bosnia

CHILD PROTECTION WORK BOOK 2018

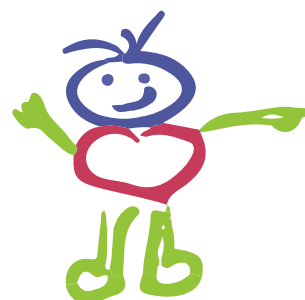




Photo: Carsten Snejbjerg

Photo: Per Fløng, Srebenica



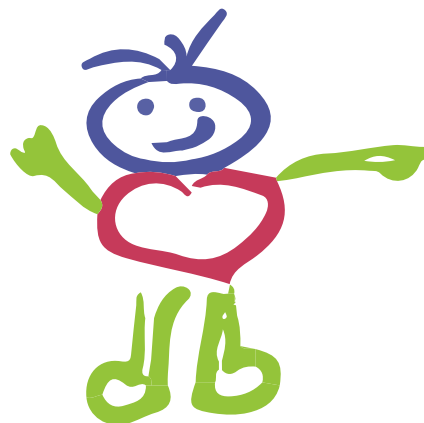
Cross Cultures is a political independent, non-profit organisation with headquarter in Denmark that accommodates a network of legally independent organisations that facilitates Open Fun Football Schools and other community-based grassroots sport programs for the purpose of stimulating

- Peace and Reconciliation
- Social integration and Respect for diversity
- Gender equality
- Community engagement and the creation of an active civil society

From 1998-2018 Cross Cultures have mobilised over 80,000 local volunteers that has organised the Open Fun Football School program for over 1.2 million direct beneficiaries across the world.

CONTENT

Introduction	4
Environment workshop	7
Value game	11
What is a good coach?	15
Childprotection/Club guidelines	19



At the Open Fun Football School program it is a basic requisite that we always consider the CHILD IN THE CENTRE. Furthermore, it is our belief that it is the ENVIRONMENT that connects the children with our organisation and network. Consequently, it is a key issue to us that we – the adult leaders, coaches, parents, football clubs, p.e. schools and other relevant stakeholders – work together to create a good and safe environment for our children to provide them with the best possible conditions to thrive and grow. Therefore, at our leaders and coach seminars we always facilitate participatory workshops to share views and discuss:

- 1. WHAT IS A GOOD CHILDREN'S ENVIRONMENT?**
- 2. WHAT ARE THE MOST IMPORTANT VALUES AT OUR OPEN FUN FOOTBALL SCHOOL?**
- 3. WHAT CONSTITUTE A GOOD CHILDREN'S COACH?**

With this Work book we would like to use these workshops as basis to raise awareness and discuss child protection issues in a wider perspective. Or to put it different, a good environment is also about preventing our children to be exposed to any kind of neglect and/or abuse. This would be a tragedy, especially for the children, but also for the affected leaders and coaches and our program as a whole if Open Fun Football Schools become subjected to suspicion that prevents the majority of our volunteers from performing their primary task – organizing sports and communicating joy and community feeling to the children and youth who participate.

In Cross Cultures we believe that the best way to raise awareness on child protection issues is to discuss openly what we consider important in our relationships with colleagues, children, parents and partners in general and to facilitate a process where the leaders and coaches express their own attitudes and values in the form of a set of common club guidelines.

In this context it is important to emphasize that these club guidelines are meant to have a dual purpose. First of all, we want to take measures to prevent that children participating in the Open Fun Football Schools experience any kind of abuse - be it verbal, social or physical. Secondly, open discussions and clear guidelines can also provide helpful guidance for leaders and coaches in their daily interaction with the children. And thirdly, it helps us all by providing us with credibility and trust among the children and their parents.

I know by own experience that some issues may be sensitive, inconvenient and difficult to discuss openly. However, I also believe that the enclosed workshops focusing on the 'good children's environment' can provide a good and constructive platform for such sensitive discussions and the development of the individual club guidelines.

I wish you good luck and is looking forward to seeing your results.

Yours in fun football
Anders Levinsen
Founder & CEO





Photo: Cross Cultures, Afghanistan

ENVIRONMENT WORKSHOP

(90 MINUTES)

In Cross Cultures we usually say that it is the environment that connects children to our sport. Correspondingly, this workshop is about discussing:

What is a good children's football environment?

OBJECTIVE:

In Cross Cultures we say that it is the environment that connects children to our sport. Correspondingly, this workshop is about discussing:

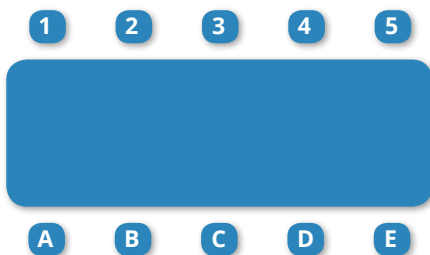
What is a good children's football environment?

The workshop is organized in four steps:

- FIRST: Workshop presentation – 10 minutes
- SECOND: Semi-structured interviews – 40 minutes
- THIRD: Group discussions – 20 minutes
- FOURTH: Summary and conclusions in plenum – 20 minutes

INSTRUCTION:

STEP 1: INTERVIEWS AND ROTATIONS (40 MINUTES)



- All participants are divided into groups of 10 and seated on chairs facing each other in pairs as illustrated above.
- The participants seated on the chairs no. 1, 2, 3, 4 and 5, are given a sheet with a prepared question. On a given signal chair no 1 are asked to interview the participant seated on chair A of the specific question. Chair 2 will interview chair B. Chair 3 will interview chair C etc.
- The interviewer notes the main answers to his/her interview schedule.
- After 3 minutes the facilitator stop the interview and asks the participants sitting on position A, B, C, D and E to rotate one chair to the right (A to B; B to C; C to D; D to E and E to A)
- When the participants have found their new positions the facilitator give signal for a new interview round of three minutes.

- The workshop continues this way until all participants have been interviewed on all 5 questions

STEP 2: GROUP DISCUSSIONS (20 MINUTES)

When the interviews are well done all participants sitting on position 1 and A form a group together, and their task is now to agree on the three most important answers to question number 1.

Likewise, all participants sitting on position 2 and B form a group together, and their task is to discuss and agree on the three most important answers to their question. ... etc.

STEP 3: SUMMARY AND CONCLUSIONS IN PLENUM (20 MINUTES)

Finally, all participants meet and one or two representatives of each group sum up their conclusions in plenum.

PROPOSED INTERVIEW QUESTIONS:

- What constitutes a good children's environment?
- How can we create a good children's environment?
- What are the most important issues for small players in children's football?
- What are the most important issues for us as adult leaders if we would like our children to play football?
- How can we cooperate with football clubs, local authorities, parents and others when organizing football for children?

REQUIRED MATERIALS:

- Chairs that are lined up for interviews as showed above.
- Prepared questions that are handed out to the participants (1 question per paper)
- Pencils
- Tables for and chairs for group discussions
- Flip over and marker pencil for each group.

Important statements/conclusions:

QUESTION 1:

QUESTION 2:

QUESTION 3:

QUESTION 4:

QUESTION 5:

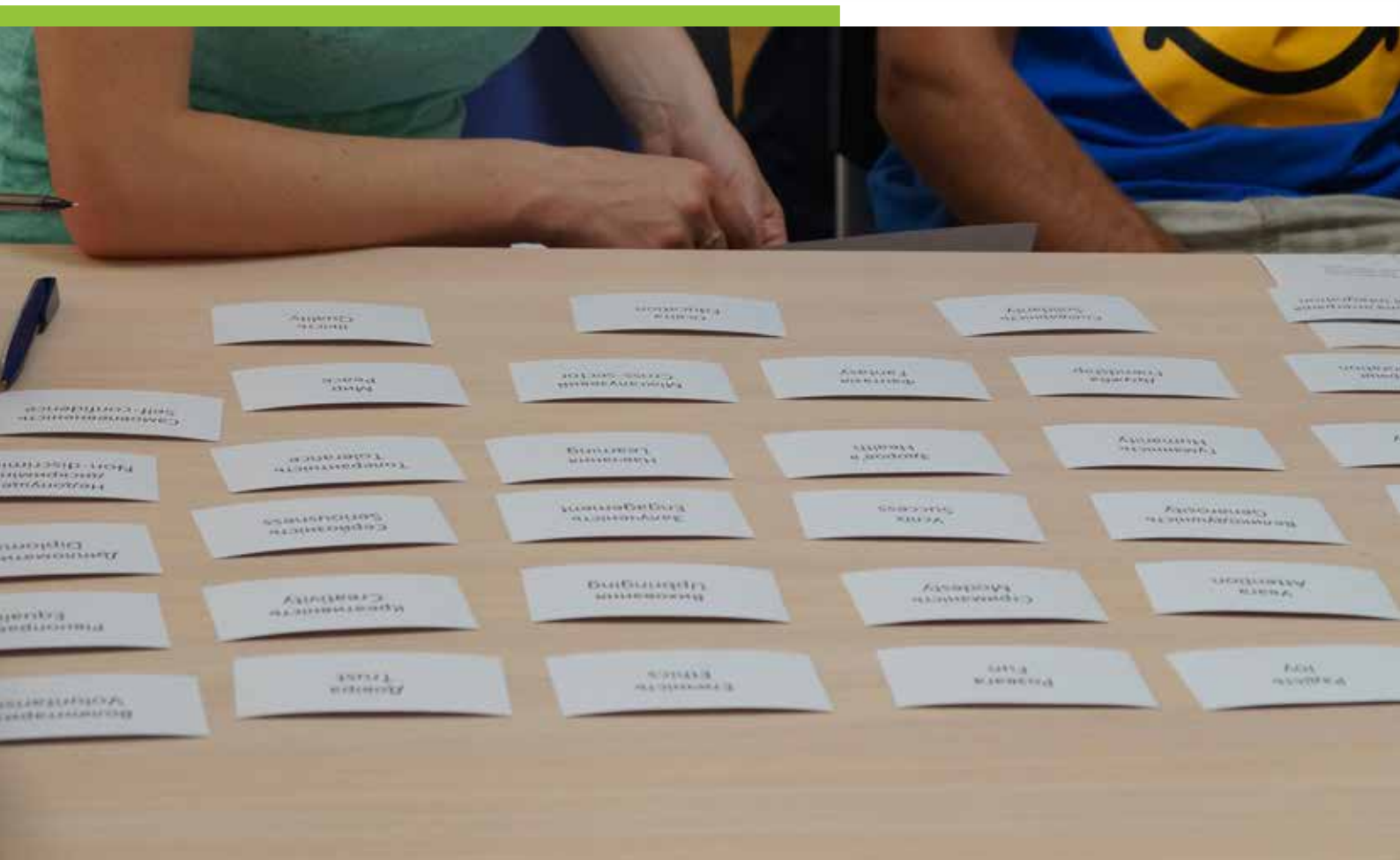


Photo: Cross Cultures, Ukraine

VALUE GAME

(60 MINUTES)

A "core value" is a value we consider important in our relationship with our colleagues, the children, their parents and our partners in general.

In this way core values are meant to be a common frame of reference in the way we are speaking and acting together, and when we are making decisions in the organization both in regard to the daily operation and in relation to long-term decisions.

OBJECTIVE:

To identify and define 4 common core values

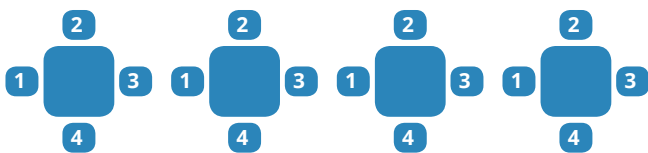
DEFINITION:

A "core value" is a value we consider important in our relationship with our colleagues, the children, their parents and our partners in general.

In this way core values are meant to be a common frame of reference in the way we are speaking and acting together, and when we are making decisions in the organization both in regard to the daily operation and in relation to long-term decisions.

ORGANISATION:

The participants are divided into small groups of 4-6 persons sitting around the table as for a game of whist/bridge. On the tables in front of them there are approx. 40 cards with value words on. The words must turn upwards.



INSTRUCTION:

The participants must select a value card in turn and argue why he / she believes that this particular value with its associated significance is important to him / her. (Use the guiding questions below).

When all participants in the group can agree on the same value, the group continues the process until they have identified and agreed of the 4 core values they consider most important.

NOTE: If only one participant does not agree with the suggested value word or finds another value more important and relevant, the value card must be returned to the table and the group must start the process over again identifying and defining another value they can all agree on.

The process is finished when the group has identified, defined and agreed on 4 core values

GUIDING QUESTIONS:

- What meaning/significance do you associate with the chosen value?
- Why is the chosen value important to you?
- If the value could speak, what would the value say to me?
- What is the opposite of the chosen value?

List the 4 values you consider most important:

VALUE 1:

VALUE 2:

VALUE 3:

VALUE 4:

There exist no such thing as a genius exercise. The quality of the training depends solely on the coach's engagement and work.



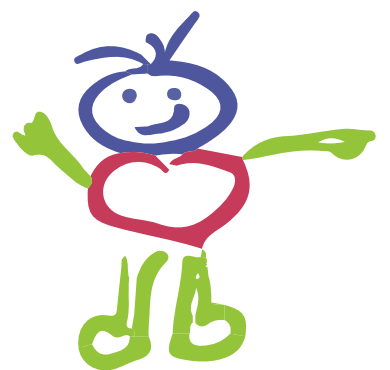
Photo: Kenneth Havgaard, Lebanon

WHAT IS A GOOD COACH?

(60 MINUTES)

As coaches at Open Fun Football Schools you must consider it a main task to serve a positive example – role model – to the children. That's why it's incredibly important that you as adult leader/coach is aware of your role and that you have attention of all the players and their attitudes, both as individuals and as group members.

Thus, to be a coach within Cross Cultures you must understand that you are not only a football coach but also a cultural and relationship mediator and you have to transmit positive norms, symbols and values in your efforts of providing children “a good life” both inside and outside the playing field. Therefore a good coach to Cross Cultures is a dynamic and dedicated person with an inclusive pedagogical approach; a coach/leader that understand to meet the children “where they are” and support, motivate and inspire them. And that is why a good leader/coach must know that it is very important for Cross Cultures that every child experience feeling like **SUCCESS, AWARDS** and **IMPROVEMENT**.





KNOWLEDGE

EMOTIONS

SKILLS

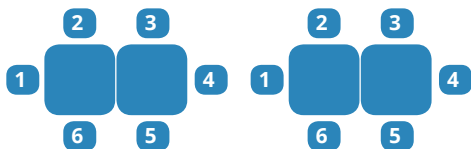
OBJECTIVE:

To discuss and elaborate on:

What constitutes a good children's football coach?

ORGANISATION:

The participants are divided into small groups of 4-6 persons sitting around the table as for a game of whist/bridge. On the tables in front of them are a flip-over on which we have drawn a picture of "Sretcko" – our little "happy man"



INSTRUCTION:

STEP 1: (25 MINUTES)

The participants must discuss in groups and list the 4 most important answers to the guiding questions on the flip over:

KNOWLEDGE:

What must a good children's coach know?

FEELINGS/EMOTIONS:

What is the desire of a good children's coach?

SKILLS:

What are the most important skills of a good children's coach?

STEP 2: (30 MINUTES)

Summing up in plenum

REQUIRED MATERIALS:

- Chairs and tables that are lined up for group work.
- Prepared flip-overs and questions that are handed out to the participants
- Tape/scotch for the flip-over presentation

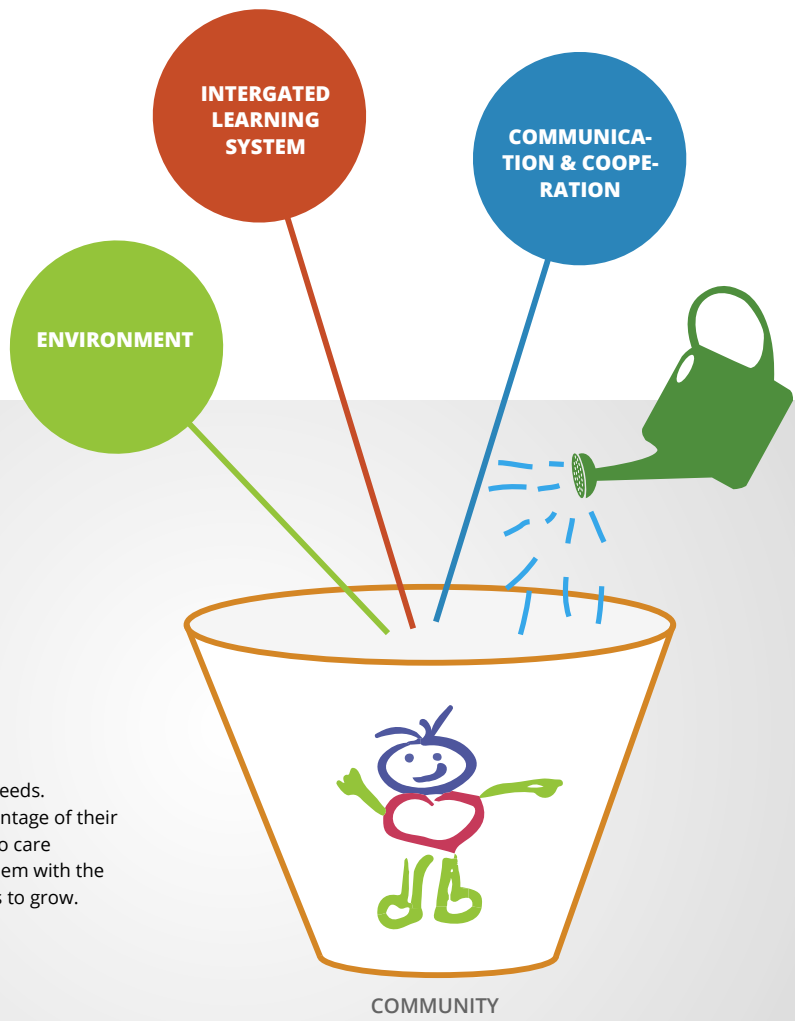
Conclusions:

List the conclusions of your group discussions below:

KNOWLEDGE:

FEELINGS/EMOTIONS:

SKILLS:



Children are like small seeds.
If you want to take advantage of their
full potential you have to care
for them and provide them with the
best possible conditions to grow.

CHILD PROTECTION CLUB GUIDELINES

(60 MINUTES)

Many football and sport associations are approaching the child protection issues by developing a national “code of conduct” – a set of common guidelines. However, we know by experience that people “on the ground” does not always feel ownership and pay sufficient attention to these national conducts because they are often decided to far away from their daily context.

Moreover, a relevant code of conduct in a swimming or gymnastic club must obviously differ from the code of conduct in an ice hockey or football club. Likewise, there are cultural differences from Denmark to a refugee camp for Syrian refugees living in Lebanon.

Therefore the best preventive approach to the child protection topics is to facilitate a platform where it is possible for leaders, coaches and other stakeholders to talk openly about the risk and risk behavior. First and foremost because we want to prevent children participating in Open Fun Football Schools experience any kind of abuse or neglect – be it verbal, social or physical. Furthermore, open discussions and clear guidelines can also provide helpful guidance for leaders and coaches in their daily interaction with children and it can help us by providing us with credibility and trust among the children and their parents.

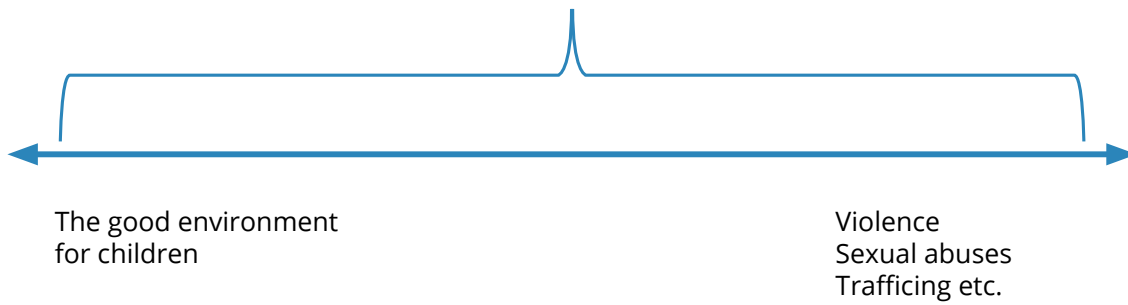
Therefore this workshop is about discussing relevant child protection issues and facilitate a process that helps the leaders and coaches on the individual Open Fun Football School to develop their own child protection guidelines.

At seminars and workshops Cross Cultures always brings participants, stakeholders and tutors from different cultures together to learn from and inspire each other



Photo: Cross Cultures, Balkan

CHILD PROTECTION



INSTRUCTION:

At the Open Fun Football Schools child protection spans from creating a good and safe environment for children where they can thrive, prosper and develop, to the protection from, and prevention of, violence, neglect, sexual abuse, trafficking etc. In between these two outer poles, there are a number of other issues and factors, which are which are also relevant issues to Open Fun Football Schools. These are for example:

- How do we communicate with the children?
- How do we (and the children among themselves) communicate on social media?
- What kind of pictures do we share with the children?
- Do we see children that are vulnerable due to social, economic or other factors?
- Do we suspect or see children being bullied?
- Do we see signs of distress or risk behaviour?
- Do we see signs of maltreatment or abuse?

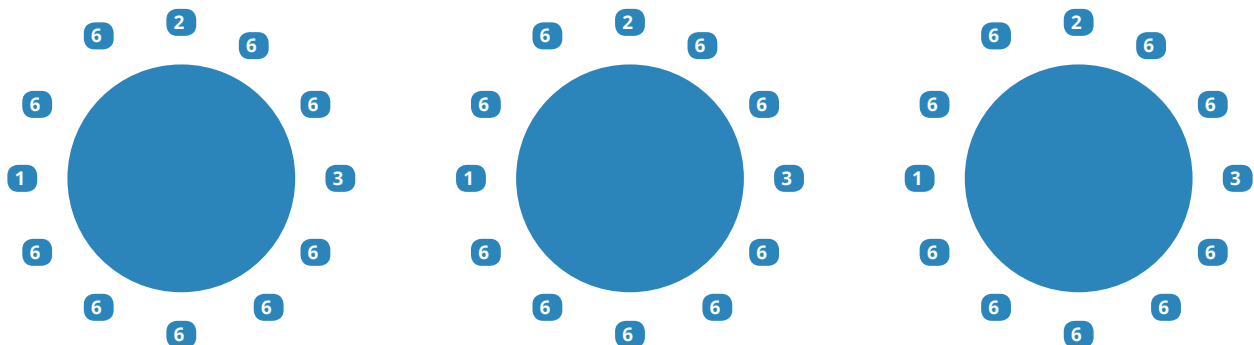
OBJECTIVE:

To develop a set of common **child protection** guidelines for your Open Fun Football School.

(The 8 guidelines must build on the results from you OFFS-workshops as well as the SWOT-analysis and span from “the good environment” to the prevention and protection of violence, neglect, abuse etc.)

ORGANISATION:

The participants are divided into groups so that all leaders and coaches from the individual Open Fun Football School are together.



INSTRUCTION:

STEP 1: (15 MINUTES: 10 MINUTES GROUP DISCUSSIONS AND 5 MINUTES PLENUM)

Define briefly how you understand the term child protection and discuss openly what particular child protection issues you think is important to adress in your local community/context.

STEP 2: (30 MINUTES)

Make a SWOT-analysis regarding child protection in relation to Open Fun Football School initiative.

STEP 3: (25 MINUTES)

Discuss and define the 8 most important issues that can provide helpful guidance for leaders and coaches in their daily interaction with the children at your particular Open Fun Football Schools.

STRENGTHS

Consider the strenghts of Open Fun Football Schools in relation to the child protection issue.

GUIDING QUESTIONS:

- What are we good at ?
- What advantages do we have?
- Etc.

WEAKNESSES

Consider the weaknesses of Open Fun Football Schools in relation to the child protection issue.

GUIDING QUESTIONS:

- What can we improve?
- What shall we avoid?
- Etc.

OPPORTUNITIES

Consider the weaknesses of Open Fun Football Schools in relation to the child protection issue.

TIP: A useful approach when looking at oppor-
tunities is to look at your strenghts and ask
yourself wheter these open up any opprtunities.
Alternatively look at the weaknesses and ask
yourself whether you can open up opportunities
by eliminating the threats by eliminating them.

GUIDING QUESTIONS:

- What good opportunities can you spot?
- What interesting trends are you aware of?

THREATS

Consider the threats of Open Fun Football Schools in relation to the child protection issue.

GUIDING QUESTIONS:

- What child protection issues can threaten your Open Fun Football Schools?
- What obstacles do you face?
- Could any of you weaknesses seriously threaten your business?

SWOT

INTERNAL STRATEGIC FACTORS

STRENGTHS

WEAKNESSES

OPPORTUNITIES

THREATS

EXTERNAL STRATEGIC FACTORS



8 GUIDELINES

The 8 guidelines below define the values and attitudes towards child protection issues at our Open Fun Football School.

1

2

3

4

5

6

7

8